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ABSTRACT

Written for both professionals and lay persons working with the development and education of older adults, this book addresses issues of aging, expectations for aged persons, and the means to respond in practical and educationally sound ways to the changing needs of older adults. The book is organized in four parts. Part I introduces the world of older adults today and tomorrow; it presents the major issues involving the older population and sets the stage for a practical engagement and connection with aging people in society. The three chapters of part II deal with the fields of gerontology and adult education. Worksheets and case studies are included to facilitate understanding of the principles. Part III focuses on specific challenges that aging provides to the practitioner and builds upon the knowledge base of part II. Life stories of older adults, ranging from the totally well and autonomous to the frail adult needing help, are included to show applications of the principles. The final part integrates the principles from both foundational disciplines and the applications presented earlier. The chapter presents recommendations and identifies hallmarks of success in connecting with older adults. Contains 82 references. (KC)

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